

## REGULATIONS REGARDING PHYSICALS AND IMMUNIZATIONS

Dear Parents/Guardians:

The School Code of Illinois states that prior to entrance into ninth grade, all students must be given physical examinations and show evidence of immunity to diphtheria, tetanus, pertussis, poliomyelitis, measles, rubella (German measles), mumps, and Hepatitis B.

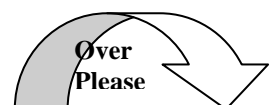
The regulation concerning immunizations is as follows:

- a. All students entering ninth grade must have received three or more doses of either diphtheria-tetanus (TD) with the last dose being a booster. If 10 years have passed since the last booster, an additional booster is required.
- b. All students entering ninth grade must have received at least 3 doses of oral polio vaccine (at least 8 weeks between doses) with the last dose being a booster and having been received on or after the 4<sup>th</sup> birthday.
- c. All students entering ninth grade must present evidence that they: (1) have received two doses of live measles virus vaccine, the first dose at least 12 months of age and the second dose no less than one month after the first, (2) have a doctor's verification that they have had the disease or, (3) have a laboratory test indicating that they are immune to measles.
- d. All students entering ninth grade must present evidence that they have been immunized against rubella (German or 3-day measles) and Hepatitis B at one year of age or later.
- e. All students entering ninth grade must present evidence that they have been immunized against mumps at one year of age or later or have a doctor's verification that they have had the disease.
- f. All students entering the ninth grade must have been immunized against Hepatitis B with the second immunization following 30 days after the first inoculation and the third immunization following 6 months after the second inoculation.
- g. It is highly recommended, but not mandatory, that all students entering ninth grade have the tuberculin skin test using the intradermal Mantoux method.

Local physicians are aware of these regulations and can bring the immunizations up-to-date at the time of your child's physical examination. The Lake County Health Department provides an immunization clinic at the VFW in Antioch on the third Wednesday of each month from 4:00 p.m. until 6:00 p.m.

### ***EXCEPTIONS FOR IMMUNIZATIONS AND PHYSICALS:***

- a. If your physician feels that the physical condition of the child is such that the administration of one or more of the required immunizing agents would be detrimental to the health of the child, then that agent would not be required. A statement from the physician to this effect is necessary.
- b. If the parent or guardian of a child objects to their immunization or a physical examination due to religious beliefs, they will not be required. In such instances a signed statement of this objection, detailing the grounds for such objections, must be present.



The physical examination **MUST** be written on the forms provided in your mailing. These are now the only acceptable forms to be used for school health examinations in the State of Illinois. The immunization dates must be filled in with dates you know are accurate and should include **day**, **month**, and **year**. This should be done before your child receives his/her examination so your doctor can determine if any additional immunizations are needed. If any are given at that time they should also be indicated on the form.

Physical examinations may be given within one year prior to 9<sup>th</sup> grade entrance. The completed form should be returned with the student's registration materials or brought in to the nurse as soon as possible.

Please call you doctor early for an appointment as many cannot assure you of an appointment before school begins if called after August 1.

Please fill out and sign the **HEALTH HISTORY/EMERGENCY INFORMATION** included in this packet.

Needless to say, your child's health is an important factor and his/her school life can be more meaningful and interesting if he or she attends regularly. Some illness and conditions which cause frequent absences from school can be prevented. Any known condition concerning ears, eyes, teeth, tonsils, feet or skin should be taken care of before school commences. Any special problems your child may have including physical education restrictions and vision or hearing difficulties should be discussed with the school health aide.

Assistant Principal

Health Office

Dr. Phyllis Fay

Wanda Sobczak, RN